



# *Prayer Walk* *for a* *Peaceful Home*

- Guided Prayer -

Based on Scripture





# Introduction

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## *Are You Ready to Walk?*

You're about to go on a prayer walk through your home, praying over your family, over each room of your house, and especially over the chores and organizational troubles that are part of maintaining a home.\*

**Grab a pen, and let's get started!**

\*The idea of a prayer walk through your house isn't new, but my inspiration to pray over chores and organization came from [The House That Cleans Itself](#), [Mindy Starns Clark](#), Copyright © 2007,2013, Published by Harvest House Publishers, Eugene, Oregon 97408, [www.harvesthousepublishers.com](http://www.harvesthousepublishers.com))

## *How to Use This Guided Prayer...*

**Begin with the Opening Prayer, then work your way through the rooms in your house** in whatever order works best for you. In each room, pray the corresponding prayer from the guide, which has been inspired by Scripture.\*

**If an organization or family management idea pops into your head while you're praying, jot it down** in the guide so you can revisit it later. If God reveals to you some wisdom or revelation about that room that relates to your heart, write that down, too.

Before leaving the room, **if you feel inspired by the Holy Spirit to keep praying over that room in more detail, please do!** Maybe that room has been more frustrating than others.

Perhaps the person who sleeps in that room needs extra prayer support. Or, maybe you've been harboring unforgiveness or resentment about something in that room.

When you feel you're done in one room, move on to the next until you've prayed for every room in your home.

*\*The Bible verses that inspired the prayers in this guide are: Numbers 6:24-26; Job 22:21; Job 25:2; Psalm 4:8; Psalm 46:1,10; Psalm 66:1-4; Psalm 85:8; Psalm 92:1-2; Psalm 122:8; Psalm 145:13-14; Proverbs 24:3-4; Proverbs 28:2; Isaiah 9:6; Isaiah 32:17; Romans 12:18; 1 Corinthians 14:33,40; Colossians 3:15; Titus 2:3-8; Hebrews 13:20; Revelations 4:8; Revelations 4:11; Revelations 4:12*

## *One last thing...*

These prayers are meant to help you invite God's peace and order into your home, so I want you to let go of absolutely *any* pressure you may be feeling about this prayer walk. **Pressure and stress have *no* place here!**

Some of you will spend over an hour on these prayers, adding your own words and jotting down several ideas as you walk through your house.

But some of you will feel that nothing happened. Don't be fooled: **something *big* happened, whether you feel it, or not.**

Every time we pray, God works.

Every time we surrender a person, thing, room, or house to God, he works.

Every time we offer our struggles to God and commit ourselves to him, he works in our hearts and our lives.

**There is no such thing as a prayer that didn't do anything.**

So, relax. Pray. Release even the results of these prayers into God's hands.

## *Are you ready? Let's start!*



# Prayer Walk for a Peaceful Home



## □ OPENING PRAYER

*Here I am, Lord. I've struggled to keep peace and order in this house, but I'm not giving up.*

*God, you're my refuge and strength, my help in trouble. You're holy, Lord. You were and are and are to come, and nothing is too difficult for you. Nothing is new or surprising to you, not even my frustrations with housekeeping.*

*Today, to the best of my ability, I'm giving you my love, my obedience, and my home. I really do want to please you. You know that.*

*Please help me to pray over my home today. I want this house and my family to honor you with peacefulness and order, but I can't do it well on my own.*

*I ask for your protection and power to cover this entire house and each person in my family. (You can name each member separately, if you'd like.) I ask this in Jesus's name.*

*This is your house, Lord Jesus. This is your family, Lord Jesus. You established order in the heights of heaven, and you can establish order in this house. I submit my home and my family to you and to your dominion.*

**BEDROOM PRAYER**

*In Jesus's name, I'm covering this room with the power that comes from the shed blood of Jesus Christ, our Saviour.*

*Father, help \_\_\_\_\_ (name of family member whose room this is) to be still in this room and know that you are God.*

*Your Word says you will be exalted among the nations and exalted in all the earth. Let your name be exalted in this room, too.*

*In Jesus's name, I submit \_\_\_\_\_ to you. Bless my relationship with \_\_\_\_\_. Help \_\_\_\_\_ to submit fully to Jesus Christ, to be at peace with you and with our family.*

*May \_\_\_\_\_ lie down at night and sleep in peace, knowing that you keep them safe.*

*Please open my eyes and show me how I can make this bedroom function better and increase peace in our home.*

**IDEAS**

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**BATHROOM PRAYER**

*I confess I don't like cleaning this room, Jesus, but I am thankful for it. Please help me to keep this room reasonably clean for the health of my family.*

*Lord, I love that you care about this bathroom. You care about what goes on in here and about our health. Bless each person while they're using this room.*

*Please open my eyes and show me how I can make this bathroom function better and increase peace in our home.*

**IDEAS**

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□ **LIVING ROOM PRAYER**

*Father, you created families to be a loving and safe place, to grow and share life together. But I confess we don't always act like we should in this room. Help us not to turn on each other, or behave foolishly, or to constantly argue. Please pour your blessings on our living room so we can peacefully share this space.*

*Also, grace each one of us with the ability to listen to what you say, to be faithful to you, and to obey you so that we can receive your blessing of peace in our home.*

*Lord, I often feel frustrated with the mess that builds in this room. Please open my eyes and show me how I can make our living room function better and increase peace in our home.*

**IDEAS**

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□ **DINING ROOM PRAYER**

*Father, this room is special. It's where we talk and eat together. Please grant your peace to this table. Bless our conversations and our relationships with each other. Help us to live with one another peacefully, to be respectful and kind.*

*Lord, I confess I'm sometimes irritable with the disorder that accompanies our mealtimes. Grant me your wisdom and self-control. Show me how to foster fun conversations and orderly table manners. Your Word says we've been called to live in peace, so may the peace of Christ Jesus rule this table.*

*Please open my eyes and show me how I can make my dining room function better and increase peace in our home.*

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□ **KITCHEN PRAYER**

*Jesus, you understand what it's like to live under the pressure of attending to many needs. You lived under this pressure for years while ministering on Earth; yet, you were at peace. Please help me to be at peace even while ministering to the needs of my family by cooking dinner and baking.*

*Jesus, you are the Prince of Peace. Come reign in this house. Jesus, you are the Wonderful Counselor. Come teach me how to run an orderly, peaceful home. I can't do this without you.*

*Lord, you're worthy of all power and glory and honor and praise. You are perfect in wisdom and goodness and knowledge. Pour your power and wisdom into our house so that there will be peace within these walls, in Jesus' name.*

*Please open my eyes and show me how I can make our kitchen function better and increase peace in our home.*

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□ **LAUNDRY ROOM PRAYER**

*Jesus, my family's needs never end and neither does the laundry. I need your help here.*

*Father, I know you're faithful in all your words, and you're kind in all that you do. Please uphold me when I feel I'm failing. Raise me up when I'm feeling low.*

*Holy Spirit, please equip me with everything good so that I can do your will in this room. I'll work for your glory even in the laundry room. Help me to keep a good attitude and never tire of the good work you've given me to do here.*

*Please open my eyes and show me how I can make the laundry room function better and increase peace in our home.*

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**FAMILY ROOM PRAYER**

*Lord, this room reminds me of how you blessed me with a family, a family for me to take care of with your help. You've done wonderful things for me and my family. You're awesome, Jesus.*

*God, your Word says you're not a God of confusion but of peace. So, please bless this room with order and peace. Help me to manage my household and to keep it in order.*

*Holy Spirit, help me, my husband, and my children to all love one another and live peacefully here together. Help us to be self-controlled, pure, hard-working, kind, and respectful. May integrity, dignity, sound speech, and peace reign in this house through Christ Jesus.*

*Please open my eyes and show me how I can make our family room function better and increase peace in our home.*

**IDEAS**

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**STORAGE ROOM**

*Father, you've given us so much. Thank you for this house. Thank you for this family. Thank you for your provision. Thank you for your steadfast love. Thank you for your joy that strengthens me. Thank you for your faithfulness that never leaves me.*

*God, I've tried and tried to organize my home. Again, and again, I've reorganized these storage shelves and every other space in this house. Sometimes, it works; sometimes, it doesn't.*

*Please give me the gift of discernment and knowledge so that I can maintain order and peace in this house through the power of your Holy Spirit.*

*Please open my eyes and show me how I can make our storage area function better and increase peace in our home.*

**IDEAS**

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□ **ENTRANCE**

*Honestly, God, this room is a major struggle to keep tidy and clean. Please grant me understanding and discernment to establish good systems here for our family.*

*Also, I ask for your protection when we leave our home and for your peace when we return to it.*

*Please open my eyes and show me how I can make this entrance function better and increase peace in our home.*

**IDEAS**

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□ **CLOSING PRAYER**

*Father, thank you for hearing all these prayers. I know you will work in my heart and in this house. Jesus, fill this house with your wisdom. Holy Spirit, flood the rooms of this house with your knowledge.*

*May the Lord bless this house and keep our family forever safe in his arms.*

*May the Lord make his face shine upon our home and be gracious to us.*

*May the Lord turn his face upon this home and give us peace.*

*And now I release all my worries and struggles about housekeeping and family management into your hands, Lord. I'm trusting you to help me find solutions. Thank you, Jesus. Amen.*





## *Before You Go*



If, after praying through this guide, you've missed a few rooms such as an office, gaming room, play room, or sunroom, I encourage you to go back and pray over those rooms, too, so that you've covered everything in your house with prayer. It's worth it!

For even more inspiration and ways to grow in faith, hope, and love, visit

[www.saralivingfree.com](http://www.saralivingfree.com).

With love,

*Sara Jane Kehler*