

Fall 2019 School Morning Routine Ideas

- **Move cereal and cereal bowls** to dining room cupboard to reduce foot traffic in kitchen.
- **Designate specific hooks for separate items**, such as: sweaters, jackets, backpacks, and helmets. This will make it easy for the kids to find what they need in the morning, and also simplify after-school tidying.
- Move supper items to downstairs deep-freezer. **Place home-baked goods into kitchen fridge-freezer** for the kids (and I) to access easily on school mornings while packing lunches.
- **Designate an agenda and school notes drop-off station** for after school. This will prevent notes from getting lost under the couch, or being transformed into paper airplanes, during after school snack time. This also allows me to give the kids my full attention when they are all excitedly sharing their days with me. I know

where the notes are, and I can attend to them later in the evening when I can concentrate.

- **Create a lunch-packing station** in the dining room. This will reduce foot traffic in the kitchen and provide kids with a convenient location where they can see all the items they are allowed to pack in their lunch. Notice the lunch bags stored on top of the lunch station cabinet. *I don't have to ask the kids if they've packed their lunches and put them into their backpacks. All I have to do is look at the station, and I can see where they're at with their morning routine.* Same goes for the toothbrushes. If the toothbrushes are lying on the red countertop, I know they haven't brushed yet. If the toothbrushes are in the mugs, I know they're mouths will be minty-fresh. **No nagging. No yelling.**